

2019 Care for Yourself Program **Income Guidelines**



The *Care for Yourself* Program provides breast and cervical cancer screening services to underserved people in Iowa. To qualify for the *Care for Yourself* Program, participants must earn less than 250 percent of the Federal Poverty Level as determined by the US Department of Health and Human Services. Net household income is the total pay minus deductions of each person living in the home whether or not they are related.

Persons in family or household	250% of Monthly Income	250% of Yearly Income
1	\$2,602	\$31,225
2	\$3,523	\$42,275
3	\$4,444	\$53,325
4	\$5,365	\$64,375
5	\$6,285	\$75,425
6	\$7,206	\$86,475
7	\$8,127	\$97,525
8	\$9,048	\$108,575
For each additional person, add:	\$921	\$11,050

*Proof of income is not required.

Iowa *Care for Yourself* Program Income Guidelines are updated annually. For updates, contact:

Iowa *Care for Yourself* Program
Iowa Department of Public Health
Lucas State Office Building
321 E. 12th Street
Des Moines, IA 50319-0075

Phone: (515) 281-5616

www.idph.iowa.gov/cfy